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Minnesota &  
Superior,  
Wisconsin

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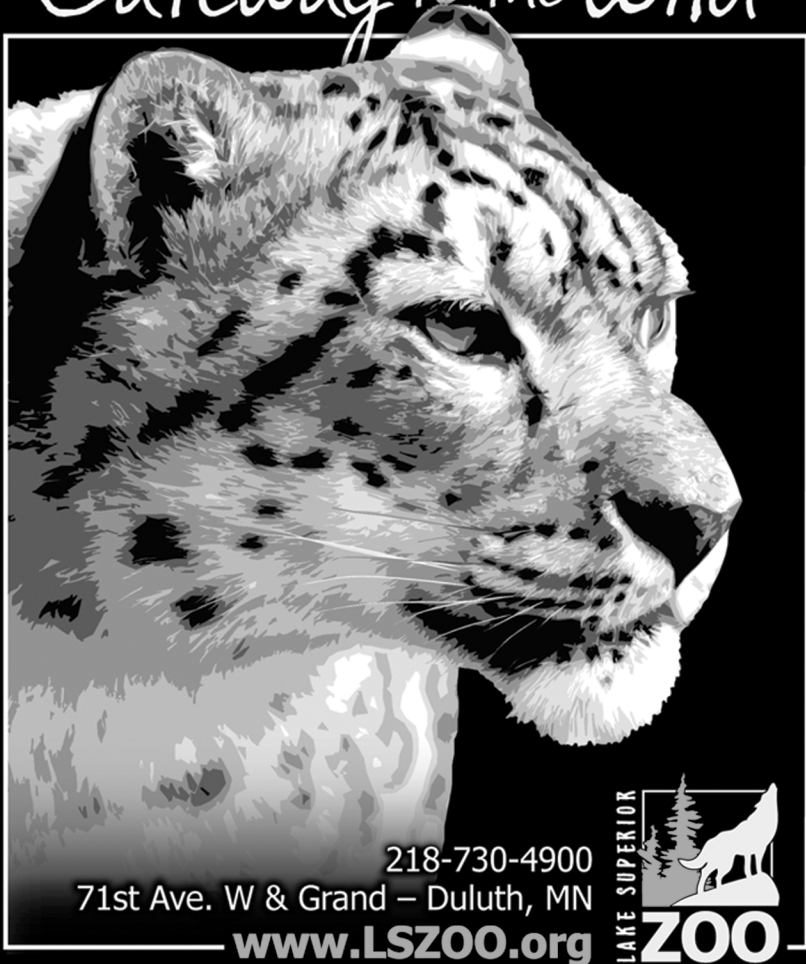
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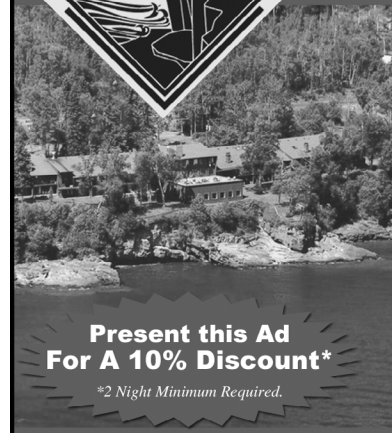
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# 2013 CALENDAR

JANUARY							FEBRUARY							MARCH						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5						1	2						1	2
6	7	8	9	10	11	12	3	4	5	6	7	8	9	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28			24	25	26	27	28	29	30
														31						

APRIL							MAY							JUNE						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5	6			1	2	3	4							1
7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8
14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15
21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22
28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29
														30						

JULY							AUGUST							SEPTEMBER							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
		1	2	3	4	5	6					1	2	3	1	2	3	4	5	6	7
7	8	9	10	11	12	13	4	5	6	7	8	9	10	8	9	10	11	12	13	14	
14	15	16	17	18	19	20	11	12	13	14	15	16	17	15	16	17	18	19	20	21	
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28	29	30	31				25	26	27	28	29	30	31	29	30						

OCTOBER							NOVEMBER							DECEMBER						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5						1	2	1	2	3	4	5	6	7
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31				

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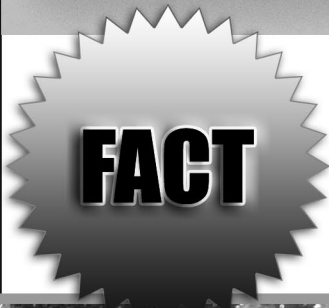




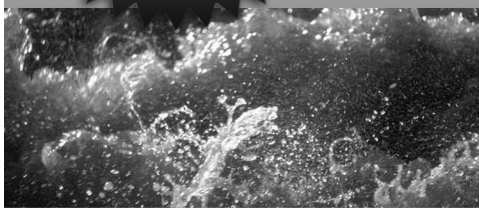
# Minnesota

## The **10** Largest Lakes in Minnesota

- |                     |                 |
|---------------------|-----------------|
| Red Lake            | Lake Kabetogama |
| Mille Lacs Lake     | Mud Lake        |
| Leech Lake          | Cass Lake       |
| Lake Winnibigoshish | Lake Minnetonka |
| Lake Vermilion      | Otter Tail Lake |



**Approximately 8.5% of total land area of Minnesota is covered with water**



## Local Area Events

### JANUARY

- Spirit Mountain Winter Carnival | Duluth
- United Northern Sportsmen's Ice Fishing contest | Duluth
- Great Lakes Classic Pond Hockey Tournament | Superior

### FEBRUARY

- Big Jig Ice Fishing Tournament | Duluth
- Annual Great Lakes Mono-Ski Madness | Duluth
- Polar Bear Plunge | Duluth
- Winter Get Together | Duluth

### MARCH

- John Beargrease Sled Dog Marathon | Duluth
- Fire Bird | Duluth
- Cabin Fever Festival | Duluth

### APRIL

- Arrowhead Home & Builders Show | Duluth
- Fitger's 5k Run and Walk | Duluth
- Art For Earth Day Gallery Hop | Duluth
- Duluth Homegrown Music Festival
- Gitchee Gumeew Brew Fest | Superior
- Douglas Country Fish & Game League Sports Show | Superior

### MAY

- Dulcimer Day | Duluth
- Iron Viking of the North | Duluth
- 14th Annual Battle of the Jug Bands | Duluth
- Jaws Fishing Derby | Superior

### JUNE

- Hanger 101 Open House | Duluth
- William A. Irvin 5K | Duluth
- Whipper Snapper Races for Kids | Duluth
- Grandma's Marathon | Duluth
- Garry Bjorklund Half Marathon | Duluth
- USA Half Marathon Championships | Duluth
- 13th Annual Lincoln Park Walleye Open | Duluth
- 43rd Annual Park Point Art Fair | Duluth

### JULY

- Duluth Fourth Fest
- Twin Ports Bridge Festival | Duluth
- Downtown Duluth Sidewalk Days Festival | Duluth
- All Pints North Summer Brew Fest | Duluth
- Duluth Woman's Club Annual Home and Garden Tour
- Park Point 5 Miler and 2-Mile Walk | Duluth
- Split Rock Bicycle Tour | Duluth
- 8th Annual Bayfront Reggae & World Music Festival
- Mudman Race | Duluth
- Buzz Ryan Sprint Triathlon | Duluth
- Tall Ships Duluth 2013
- 37th Annual Spirit Valley Days | Duluth
- Bayfront Jam Music Festival | Duluth
- Cowboy First Draw | Superior
- Lake Superior Wooden Boat Festival | Superior

### AUGUST

- 26th Brewhouse Triathlon | Duluth
- 25th Annual Bayfront Blues Festival | Duluth
- Canvas and Cocktails | Duluth
- Art in Bayfront Park Art Fair | Duluth
- Art of Brewcraft | Duluth
- Superior Man Triathlon | Duluth
- 27th Annual Duluth-Superior Pride Festival
- Northshore Inline Skating Marathon | Duluth
- Lakefest | Duluth

### SEPTEMBER - OCTOBER

- Grandma's MN Mile | Duluth
- Northern Nationals Stock Car Races | Superior
- Burrito Union 10 and 5 Hour Triathlon

### NOVEMBER - DECEMBER

- AMSOIL Duluth National Snocross | Duluth

*\*Some Events may not have been posted at time of Publication*

*\*To find more MN & WI events visit <http://www.travelwisconsin.com> or <http://www.exploreminnesota.com>*

# Duluth, MN Residential Services

Administration .....	(218) 730-5370
Assessor .....	730-5013
City Attorney .....	730-5490
Building Safety .....	730-5163
Community Development .....	730-5480
City Clerk .....	730-5500
Department of Motor Vehicles .....	624-0736
<b>Emergency .....</b>	<b>911</b>
Engineering .....	730-5071
Finance .....	730-5044
Fire Department .....	730-4380
Human Resources .....	730-5210
Library .....	730-4200
Mayor's Office .....	730-5230
Parks & Recreation .....	730-4300
Planning .....	730-5580
Police Department.....	730-5400
Public Works .....	730-4000
Treasurer .....	730-5350
Utilities .....	730-4100
Workforce Center .....	723-4730

# Superior, WI Residential Services

Administration .....	(715) 395-1429
Assessor .....	395-7222
City Attorney .....	395-7214
Building Safety .....	395-7288
Community Development .....	395-7335
City Clerk .....	395-7200
Department of Motor Vehicles .....	392-7979
<b>Emergency .....</b>	<b>911</b>
Engineering .....	395-7333
Finance .....	395-1622
Fire Department .....	394-0227
Human Resources .....	395-7210
Library .....	394-8860
Mayor's Office .....	395-7212
Parks & Recreation .....	395-7270
Planning .....	395-7335
Police Department.....	395-7234
Public Works .....	395-7334
Treasurer .....	395-1348
Utilities .....	394-2200
Workforce Center .....	392-7800



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## *History of Duluth, MN*

Once home to Indians and fur traders, Duluth was settled in the 1800s. Daniel Duluth was sent by the French to settle disputes between the tribes and to progress the fur trading industry, thus the area came to be known as Duluth. Upon settlement, Duluth was the only port in the United States with access to the Atlantic and Pacific Oceans where lumber, wheat and iron ore were shipped. The arrival of the railroad furthered its progress. Duluth was soon the fastest growing and largest city in the United States until a stock market crash in 1873. With the abundance of natural resources, Duluth recovered and is now the largest city on the North Shore. The community houses a variety of attractions including the Duluth Depot, the Glensheen Historic Estate, an aerial lift bridge and many recreational opportunities. Today Duluth is home to approximately 84,284 residents.

***\*Did you know? Lake Superior possesses 10% of the world's freshwater at three quadrillion gallons of water - enough water to flood both North and South America to a depth of one foot.***



## *History of Superior, WI*

Once home to Indians and fur traders, Superior was settled in the 1850s. Named after the largest freshwater lake in the world, Superior was founded in 1854. In 1889 Superior was incorporated and selected as the county seat. As a shipping and railway center, Superior grew quickly due to its proximity to waterways and railway lines. The Bois-Brule and St. Croix River Portage Trail allowed for travel between the Mississippi River and Lake Superior which allowed for the area's dramatic growth. Tourism began to lead the industry as resorts were established. The community now houses several attractions including the S.S. Meteor - the last remaining whaleback and cargo ship in the world, Fairlawn Mansion and Museum, Barker's Island and a variety of beaches, marinas and recreational activity. Today Superior is home to approximately 26,223 residents.

***\*Did you know? The Port of Duluth-Superior is the busiest, largest and most inland port in the nation as over 1,100 ships and vessels arrive to transfer an average of 46 million tons of cargo each year.***



## Parks & Recreation

### DULUTH PARKS & RECREATION DEPARTMENT 12 E 4th St. | Duluth | (218) 730-4300

**Parks are open from 5:30AM to 10:30PM Alcohol is prohibited without an alcohol consumption permit. Pavilions are available for reservation beginning January 1st, 2011 on a first-come, first-served basis. Fees are nonrefundable. For more information on parks and recreation throughout the Duluth area, visit online at: [www.duluthmn.gov](http://www.duluthmn.gov).**

5th Ave. Mall | Michigan St.  
40th Ave. Park | Jay St.  
42nd Ave. Park | London Rd.  
43rd Ave. Park | London Rd.  
59th Ave. Park | Center Island  
Amity Park | Graves Ave.  
Arlington Athletic Complex | S Arlington Ave.  
Bardon's Peak Forest | 105th Ave. W  
Bardon's Peak Blvd. | Hwy. 1  
Bayfront Festival Park | 5th Ave. S  
Birchwood Park | 102nd Ave. W  
Blackmer Park | Beverly St.  
Boy Scout Landing | Commonwealth Ave. S  
Brewer Park | 57th Ave. W  
Brighton Beach Park | Congdon Blvd.  
Bristol Beach Park | Congdon Blvd.  
Buffalo Park | Vermillion Rd.

Canal Park | Canal Park Dr.  
Carson Park | 127th Ave. W  
Cascade Park | 6th St.  
Central Hillside Park | Lake Ave.  
Central Park | 1st St.  
Chambers Grove Park | Hwy. 23  
Chester Bowl | Skyline Pkwy.  
Civic Center | 5th Ave. W  
Cobb Park | Woodland Ave.  
Congdon Blvd. | 60th Ave. E  
Congdon Park | 33rd Ave.  
Downer Park | Vermillion Rd.  
Duluth Heights Park | Mulberry St. W  
Endion Park | 2nd St. E  
Enger Golf Course | Skyline Blvd.  
Enger Park | Skyline Pkwy.  
Ericson Place | Central Ave.  
Fairmont Park | 72nd Ave. W  
Fond Du Lac Park | 131st St.  
Franklin Square | 12th St.  
Franklin Tot Lot | 12th St. S  
Gary New Duluth Park | 101st Ave. W  
Gasser Park | 96th Ave.  
Gateway Plaza | Mesaba Ave.  
Grant Park | 11th St. E  
Grassy Point | Leisure St.  
Greysolon Farms | Pleasantville Ave.

## Parks & Recreation

Governor Square | 49th Ave. E  
Harrison Park | 3rd St. W  
Hartley Park | Woodland Ave.  
Hartman Tract | 41st St.  
Hawk Ridge | 52nd Ave. E  
Hillside Sport Court Park | 8th St. E  
Hilltop Park | 6th Ave. W  
Indian Park | Irwin Ave.  
Indian Point Campground | Pulaski St.  
Irving Park | 57th Ave. W  
Jacob Astor Park | 133rd Ave. W  
Janet Pollay Park | Evergreen Rd.  
Johnson Park | Kenwood Ave.  
Jollystone Park | 5th St. W  
Keene Creek Park | Bristol St.  
Kelso Park | 45th Ave. E  
Klang Park | Orchard St.  
Knowlton Creek Blvd. | Fairmont Park Rd.  
Lafayette Park | Minnesota Ave.  
Lake Park Fields | Riley St.  
Lake Place Park | Michigan St.  
Lake Superior Zoo | 72nd Ave. W  
Lakeside Court Park | 55th Ave. E  
Lakeview Manor Park | 75th Ave. E  
Lakeview Park | 12th Ave. E  
Lakeview Sports Chalet | Seven Bridges Rd.  
Lakewalk | 47th Ave. E  
Leif Erikson Park | 11th Ave. E  
Lester Golf Course | Lester River Rd.  
Lester Park | 61st Ave. E  
Lillyput Park | 5th St. E  
Lincoln Park | 25th Ave. W  
Longview Tennis Court | 25th Ave. E  
Lower Enger Park | 22nd Ave. E  
Lower Chester Park | 14th Ave.  
Lyman Park | 29th Ave. W  
Magney-Snively Park | Skyline Pkwy.  
Manchester Square | 46th Ave. E  
Memorial Park | Grand Ave.  
Merritt Park | 7th St. W  
Michael Colalillo Medal of Honor Park | Waden St.  
Midtowne Park | 20th Ave. W

Mission Creek Boulevard | Becks Rd.  
Moose Hill Park | Lakeside Ave. E  
Morgan Park | 88th Ave. W  
Morely Heights Park | Morely Pkwy.  
Munger Landing | Clyde Ave.  
Munger Park | 11th Ave. E  
Napoleon B. Merritt Memorial Park | 128th Ave. W  
Norton Park | 81st Ave. W  
Observation Park | 3rd St. W  
Old Main Park | 5th St. E  
Oneota Park | 75th Ave. W  
Park Point | 45th St.  
Pennel Park | Arlington Ave.  
Piedmont Park | 23rd St. W  
Point of Rocks Park | 14th Ave. W  
Portland Square Park | 4th St.  
Portman Park | McCulloch St.  
Rail Park | Superior St.  
Reverend L.F. Merritt Memorial Park | Superior St.  
Rice's Point Landing | Blatnik Bridge  
Riverside Park | Cato St.  
Rose Garden | 13th Ave.  
Rose Park | Livingston St.  
Russell Square | 42nd Ave. E  
Skyline Parkway | Becks Rd.  
Smithville Park | 90th Ave. W  
Snively Boulevard | Summit St.  
Snively Park | 101st Ave. W  
Stanley Park | Blackman Ave.  
Strickland Park | 4th Ave. W  
Twin Ponds | Skyline Dr. W  
Upper Chester Park | Skyline Pkwy.  
University Park | London Rd.  
Wade Stadium | 35th Ave. W  
Wallbank's Park | Pacific Ave.  
Washington Park | 1st Ave. W  
Washington Square | Superior St.  
Waterfront Park | 24th Ave. E  
Waverly Park | Snively Rd.  
Wheeler Field Athletic Complex | 35th Ave. W  
Winnepeg Park | 37th Ave.  
Woodland Park | Allendale Ave.

# Parks & Recreation

## SUPERIOR PARKS & RECREATION DEPARTMENT

1316 N 14th St. | Superior | (715) 395-7270

*Parks are open from 5:30AM to 10:30PM. Alcoholic beverages are prohibited in Veteran's Memorial Park. Pavilions are available for reservation beginning January 2nd, 2011 on a firstcome, first-served basis. Fees are nonrefundable. For more information on parks and recreation throughout the Superior area, visit online at: [www.ci.superior.wi.us](http://www.ci.superior.wi.us).*

18th & Oakes Park | Oakes Ave.

Allouez Park | 2nd St. E

Barker's Island | Marina Dr.

Bear Creek Park | Moccasin Mike Rd.

Benny Peterson Park | Hughitt Ave.

Billings Park | 21st St.

Carl Gullo Park | 26th Ave. E

Center City | Tower Ave.

Central Park | 6th Ave. E

Gouge Park | 13th Ave. E

Hammond Park | Hammond Ave.

Harbor View Park | 2nd St. E

Heritage Park | Hammond Ave.

Japanese Friendship Garden | 21st St.

John Jack Ennis Memorial Park | Hughitt Ave.

Kelly Park | Grand Ave.

Nemadji Picnic Area | 31st Ave. E

Red Barn | 6th St. E

Veteran's Memorial | Catlin Ave.

Wade Bowl | Clough Ave.

Webster Park | Tower Ave.

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## **A-1 RANCH, INC.**

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## **ADVENTURE ZONE**

329 Lave Ave. S | Duluth | (218) 740-4000

## **BARKERS ISLAND MARINA**

250 Marina Dr. | Superior | (715) 392-7131

## **DEPOT - ST. LOUIS COUNTY HERITAGE & ARTS CENTER**

506 Michigan St. W | Duluth | (218) 727-8025

## **DOUGLAS COUNTY HISTORICAL SOCIETY**

1101 John Ave. | Superior | (715) 392-8449

## **DULUTH CHILDREN'S MUSEUM**

506 Michigan St. W | Duluth | (218) 733-7543

## **DULUTH HERITAGE SPORTS CENTER**

120 S 30th Ave. W | Duluth | (218) 464-1711

## **DULUTH OMNIMAX THEATRE**

301 Harbor Dr. | Duluth | (218) 727-0022

## **DULUTH PLAYHOUSE & PLAYGROUND**

506 Michigan St. W | Duluth | (218) 733-7555

## **EDGEWATER RESORT & WATERPARK**

2400 London Rd. | Duluth | (218) 728-3601

## **FAIRLAWN MANSION & MUSEUM**

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## **FOND-DU-LUTH CASINO**

129 Superior St. E | Duluth | (218) 722-0280

## **GLENSHEEN HISTORIC ESTATE**

3300 London Rd. | Duluth | (218) 726-8910

## **GREAT LAKES AQUARIUM**

353 Harbor Dr. | Duluth | (218) 740-3474

## **HARRINGTON ARTS CENTER**

1401 Belknap St. | Superior | (715) 395-2787

## **HOODOO POINT CAMPGROUND**

5712 Hoodoo Point Rd. | Tower | (218) 753-6868

## **LAKE SUPERIOR MARINE MUSEUM**

600 Lake Ave. S | Duluth | (218) 720-5260

## **LAKE SUPERIOR ZOOLOGICAL GARDENS**

7210 Fremont St. | Duluth | (218) 730-4900

## **MONT DU LAC**

3125 Mont Du Lac Dr. | Superior | (218) 626-3797

## **PATTISON/AMNICON FALLS STATE PARKS**

6294 State Rd. 35 S | Superior | (715) 399-3111

## **SILVER FOX CHARTERS**

451 Marina Dr. | Superior | (320) 846-0652

## **RICHARD I. BONG VETERANS HISTORICAL CENTER**

305 Harbor View Pkwy. | Superior | (715) 392-7151

## **S.S. METEOR MARITIME MUSEUM**

300 Marina Dr. | Superior | (715) 394-5712

## **S.S. WILLIAM A. IRVIN ORE BOAT MUSEUM**

350 Harbor Dr. | Duluth | (218) 722-7876

## **SUPERIOR SPEEDWAY**

4700 Tower Ave. | Superior | (715) 394-7223

## **THRILLZ INDOOR AMUSEMENT PARK**

329 Lake Ave. S | Duluth | (218) 720-5868

## **TWEED MUSEUM OF ART**

1201 Ordean Building | Duluth | (218) 726-8222

## **WILLIAM A. IRVIN MUSEUM**

350 Harbor Dr. | Duluth | (218) 722-7876



## Duluth, MN DNR License Centers

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### **CHALSTROM'S BAIT & TACKLE**

5067 Rice Lake Rd. | Duluth | (218) 726-0094

### **FISHERMAN'S CORNER**

5675 Miller Trunk Hwy. | Duluth | (218) 729-5369

### **FREDENBERG MINNOETTE**

5109 Fish Lake Rd. | Duluth | (218) 721-4800

### **GARY LITTLE STORE**

1301 Commonwealth Ave. | Duluth | (218) 626-3397

### **GARY MILKHOUSE**

1331 Commonwealth Ave. | Duluth | (218) 626-1869

### **GARY'S BAIT SHOP**

1431 Commonwealth Ave. | Duluth | (218) 626-3195

### **GNESEN CONVENIENCE STORE**

6049 Rice Lake Rd. | Duluth | (218) 721-4433

### **HOLIDAY STATIONSTORE #293**

5430 Grand Ave. | Duluth | (218) 624-5201

### **HOLIDAY STATIONSTORE #327**

2605 London Rd. | Duluth | (218) 724-7789

### **HOLIDAY STATIONSTORE #100**

1530 Woodland Ave. | Duluth | (218) 728-4544

### **ICO LONDON ROAD**

2030 London Rd. | Duluth | (218) 724-3066

### **ISLAND LAKE INN**

7153 Rice Lake Rd. | Duluth | (218) 721-4604

### **KMART #3781**

215 N Central Ave. | Duluth | (218) 624-9335

### **LITTLE STORE #1**

1831 W Superior St. | Duluth | (218) 722-3122

### **MARINE GENERAL**

1501 London Rd. | Duluth | (218) 724-8833

### **MARSHALL HARDWARE**

4415 E Superior St. | Duluth | (218) 525-3638

### **PEQUAYWAN INN**

8744 Pequaywan Lake Rd. | Duluth | (218) 848-2201

*You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail tickers through the Electronic License System. Online: [www.dnr.state.mn.us](http://www.dnr.state.mn.us), Toll-Free: 1 (888) 665-4236, or visit one of the above ELS agents available throughout Duluth, MN.*



## Superior, WI DNR License Centers

### THE BAIT BOX

3731 2nd St. E | Superior | (715) 399-3011

### DNR SERVICE CENTER

1401 Tower Ave. | Superior | (715) 392-7988

### HOLIDAY STATION STORE #111

2111 Tower Ave. | Superior | (715) 398-5340

### HOLIDAY STATION STORE #229

4827 2nd St. E | Superior | (715) 398-6306

### ICO CONVENIENCE PLUS

2109 2nd St. E | Superior | (715) 398-7545

### ICO CONVENIENCE PLUS

5926 Tower Ave. | Superior | (715) 394-7727

### JACK'S FAST FOOD

5701 Tower Ave. | Superior | (715) 392-4222

### KMART #7206

3015 Tower Ave. | Superior | (715) 394-6661

### NEMADJI SPUR

3027 2nd St. E | Superior | (715) 398-6668

### NORTHWEST OUTLET

1814 Belknap St. | Superior | (715) 392-9838

### SPORTMAN'S CHOICE

721 Belknap St. | Superior | (715) 394-6077

### SUPERIOR SHOOTERS SUPPLY

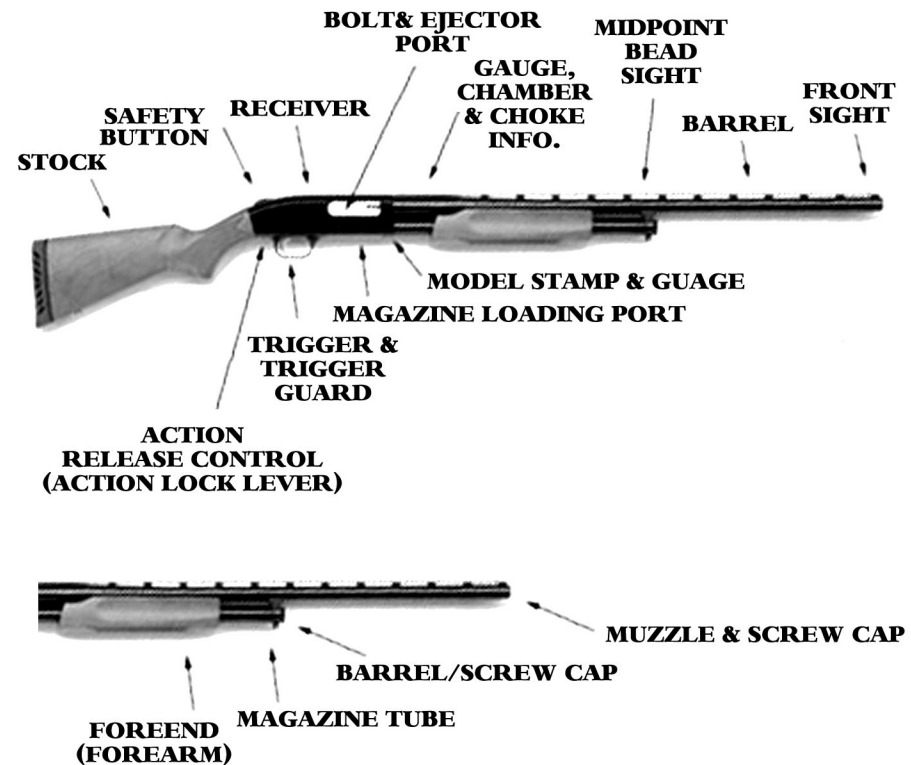
1705 Winter St. | Superior | (715) 394-4982

### WALMART #1447

3705 Tower Ave. | Superior | (715) 392-6060

*You can purchase hunting and fishing licenses, cross-country ski passes and snowmobile trail stickers through the Electronic License System. Online: [www.dnr.wi.gov](http://www.dnr.wi.gov), Toll Free: 1 (888) 936-7463 or visit one of the above ELS agents available throughout Superior, WI.*

## Hunting Safety



**All hunters should consider taking an advanced hunter education class to learn the latest hunting techniques along with tips on coming home alive.**

**Here are five suggestions for a safe and successful hunting experience:**

1. Get a detailed map of the area you are hunting, review it before you leave, and carry it with you in the field.
2. Carry a compass and know how to use it. Decide ahead of time the direction to head for if you get lost or disoriented.
3. Weather can change quickly, so hunters should carry a simple survival kit and be prepared for an unexpected overnight stay in the field. The survival kit should contain a rope, a knife, water, waterproof matches, an emergency shelter, and first aid supplies.
4. If you are on the water, make sure to wear a personal flotation device (life preserver).
5. Know your hunting partners' physical and emotional limitations, as well as your own, and don't push your partners or yourself beyond those limits.

# 2013 Minnesota Hunting Seasons

For general information on firearm safety training call: 1 (888) 646-6367 or (651) 296-6157.

Contact the MN DNR for specific zone areas:

Online: [www.dnr.state.mn.us](http://www.dnr.state.mn.us), Toll Free: 1 (888) 665-4236.

You can purchase hunting and fishing licenses by phone: 1 (888) 665-4236.

## **HUNTING**

### **RABBIT & SQUIRREL**

09/15/12 - 02/28/13; 09/14/13 - 02/28/14

### **GRAY & RED FOX, BADGER, OPOSSUM & RACCOON**

(North) 10/20/12 - 03/15/13; 10/19/13 - 03/13/14  
(South) 10/20/12 - 03/15/13; 10/19/13 - 03/15/14

### **GOOSE**

(Spring Light Goose) 03/01/13 - 04/30/13  
(Early Canada Goose) 09/01/13 - 09/20/13

### **CROW**

03/01/13 - 03/31/13; 07/15/13 - 10/15/13

### **BEAR**

09/01/13 - 10/13/13

### **MOURNING DOVE**

09/01/13 - 10/30/13

### **SNIPE & RAIL**

09/01/13 - 11/04/13

### **DEER**

(Archery) 09/14/13 - 12/31/13  
(Youth) 10/17/13 - 10/20/13  
(Camp Ripley Archery) 10/17/13 - 10/18/13  
(Firearm 2A & 3A) 11/09/13 - 11/17/13  
(Firearm 1A) 11/09/13 - 11/24/13  
(Firearm 3B) 11/23/13 - 12/01/13  
(Muzzleloader) 11/30/13 - 12/15/13

### **SHARPTAILED GROUSE**

09/14/13 - 11/30/13

## **HUNTING, CONTD.**

### **GROUSE & GRAY PARTRIDGE**

09/15/12 - 01/01/13; 09/14/13 - 01/01/14

### **MOOSE**

(Northeast Zone) 09/28/13 - 10/13/13

### **TURKEY**

09/28/13 - 10/27/13

### **PHEASANT**

10/12/13 - 01/01/14

### **PRAIRIE CHICKEN**

10/19/13 - 10/23/13

### **FISHER & PINE MARTEN**

11/30/13 - 12/05/13

## **FURBEARER TRAPPING**

### **BEAVER**

(North) 10/26/13 - 04/30/14  
(South) 11/02/13 - 04/30/14

### **MINK & MUSKRAT**

(North) 10/26/13 - 02/28/14  
(South) 11/02/13 - 02/28/14

### **OTTER**

(North Zone) 10/26/13 - 01/05/14  
(South Zone) 11/02/13 - 01/05/14

### **BOBCAT**

11/24/12 - 01/05/13; 11/30/13 - 12/05/13

*\*At the time of publication not all of the 2013-2014*

*Minnesota Hunting Seasons were available.*

*Contact [www.dnr.state.mn.us](http://www.dnr.state.mn.us) for more information*

# Wisconsin Hunting Seasons

### **WHITE TAILED DEER\***

(NON-CWD & NON-METRO UNITS)

Bow: 09/14/13 - 11/21/13; 11/23/13 - 01/05/14

Gun: 11/23/13 - 01/01/14

Muzzleloader: 12/02/13 - 12/11/13

Youth Deer Hunt: 10/05/13 - 10/06/13

Statewide Antlerless Hunt: 12/12/13 - 12/15/13

CWD Holiday Hunt: 12/24/13 - 01/05/14

### **BLACK BEAR\***

Zone C Dogs ARE NOT Permitted: 09/04/13 - 10/08/13

Dogs ARE Permitted: 09/04/12 - 09/10/13;

Dogs, Bait & Other Legal Methods :

09/11/13 - 10/01/13

Dogs NOT Permitted with bait: 10/02/13 - 10/08/13

### **WILD TURKEY\***

Youth Turkey Hunt: 04/06/13 - 04/07/13

Spring: 04/10/13 - 04/16/13; 04/17/13 - 04/23/13;

04/24/13 - 04/30/13; 05/01/13 - 05/07/13;

05/08/13 - 05/14/13; 05/15/13 - 05/21/13

Fall: 09/14/13 - 11/21/13; 12/02/13 - 12/31/13

### **RING-NECKED PHEASANT**

10/19/13 - 12/31/13

### **RUFFED GROUSE\***

Zone A: 09/14/13 - 01/31/14

Zone B: 10/19/13 - 12/08/13

### **SHARP-TAILED GROUSE**

10/19/13 - 11/10/13

### **BOBWHITE QUAIL**

10/19/13 - 12/11/13

### **HUNGARIAN PARTRIDGE\***

10/19/13 - 12/31/13

### **CROW**

01/18/13 - 03/20/13; 09/14/13 - 11/21/13

### **MOURNING DOVE**

09/01/13 - 11/09/13

### **GRAY & FOX SQUIRRELS**

09/14/13 - 01/31/14

### **COTTONTAIL RABBIT**

Northern Zone: 09/14/13 - 02/28/14

Southern Zone: 10/19/13 - 02/28/14

### **RED & GRAY FOXES**

10/19/13 - 02/15/14

### **COYOTE**

Continuous

### **RACCOON**

Resident: 10/19/13 - 02/15/14

Nonresident: 11/02/13 - 02/15/14

### **WOODCOCK**

09/21/13 - 11/04/13

### **CANADA GOOSE**

09/01/13 - 09/15/13

### **PROTECTED SPECIES (Hunting is PROHIBITED)**

Badger; Woodchuck; Jackrabbit; Moose; Flying Squirrel

*\*Please contact your local DNR office for specific hunting and trapping zone regulations. For general information on firearm safety training call: 1 (888) 936-7463.*

# Wisconsin Trapping Seasons

## COYOTE

10/19/13 - 02/15/14

## BEAVER

Zone A: 11/02/13 - 04/30/14

Zone B: 11/02/13 - 04/30/14

Zone C: 11/02/13 - 03/31/14

Zone D: 1 day after duck season closes - 03/15/14

## FISHER

10/19/13 - 12/31/13

## OTTER

Northern Zone: 11/02/13 - 04/30/14

Central Zone: 11/02/13 - 03/31/14

Southern Zone: 11/02/13 - 03/31/14

## FOX (RED & GRAY)

10/19/13 - 02/15/14

## MINK

Northern Zone: 10/19/13 - 02/28/14

Southern Zone: 10/26/13 - 02/28/14

Winnebago Zone: 10/26/13 - 03/15/14

Mississippi River: 1 day after duck season closes or

11/11/13, whichever comes first - 02/28/14

## MUSKRAT

Northern Zone: 10/19/13 - 02/28/14

Southern Zone: 10/26/13 - 02/28/14

Winnebago Zone: 10/26/13 - 03/15/14

Mississippi River: 1 day after duck season closes or

11/11/13, whichever comes first - 02/28/14

## RACCOON

Resident: 10/19/13 - 02/15/14

Nonresident: 11/02/13 - 02/15/14

# Wisconsin Fishing Seasons

## EARLY INLAND TROUT

03/03/12 - 04/29/12

## GENERAL INLAND TROUT

05/05/12 - 09/30/12

## GENERAL INLAND FISHING

05/05/12 - 03/03/13

## LARGE & SMALLMOUTH BASS

Northern Zone (Catch & Release): 05/05/12 - 06/15/12\*

Northern Zone: (Harvest): 06/16/12 - 03/05/13\*

Southern Zone: 05/05/12 - 03/03/13

## MUSKELLUNGE

Northern Zone: 05/26/12 - 11/30/12\*

Southern Zone: 05/05/12 - 12/31/12\*

## NORTHERN PIKE

05/05/12 - 03/03/13

## WALLEYE

05/05/12 - 03/03/13

## LAKE STURGEON

(Hook & Line) 09/01/12 - 09/30/12

## FREE FISHING WEEKEND

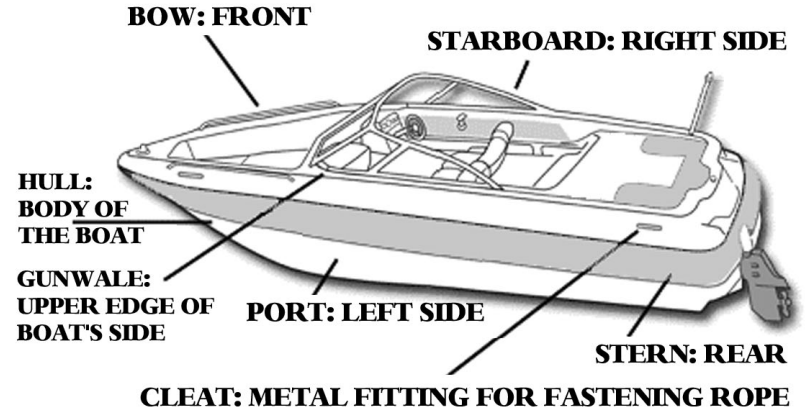
06/02/12 - 06/03/12

\*At the time of publication the 2013-2014 Wisconsin Fishing Seasons were unavailable.

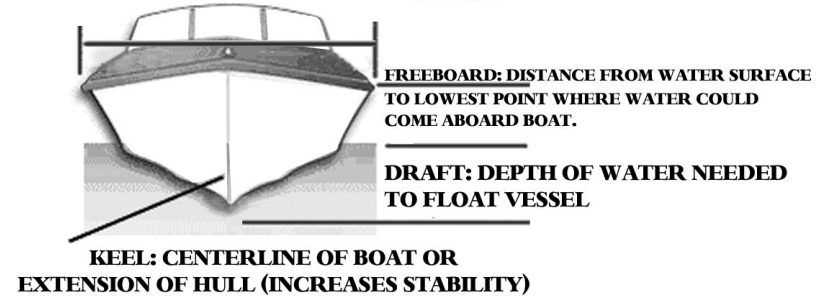
\*Contact the Wisconsin DNR for more information on specific fishing zones and dates: 1 (888) 936-7463

# Boating Safety

## Know Your Craft



## BEAM: MAXIMUM WIDTH OF BOAT



## Who May Operate a Motorboat (Other Than a Personal Watercraft)

### For engines 25 horsepower or less:

Those under age 12 may operate without restrictions.

### For engines over 25 horsepower through 75 horsepower:

Those under age 12 must have someone 21 years of age or older on board within reach of the controls.

### For engines over 75 horsepower:

No children under age 12 may operate, even with an adult on board.

### Other restrictions apply to boat operators 12 to 17 years old:

Operators from 12 to 17 years of age may operate engines of 25 horsepower or lower with no restrictions.

### For engines over 25 horsepower:

Operators 12 to 17 years of age must have:

A watercraft operator's permit, or someone age 21 years or older on board within reach of the controls.

# Boating Safety

## Flotation Devices



### Offshore Life Jackets - Type 1:

For rough or remote waters where rescue may take awhile. Provide the most buoyancy, excellent for flotation, turns most unconscious persons face up in the water.



### Near-Shore Vests - Type 2:

Good for calm waters when quick assistance or rescue is likely. Turns some unconscious wearers face up in the water, but not as efficiently as offshore life jackets.



### Flotation Aids - Type 3:

Vests or full-sleeved jackets good for calm waters when quick assistance is likely. Not for rough waters. They will not turn most unconscious persons face up. Used for sports, such as water-skiing. Some inflate in water.



### Unwearable / Throwable Devices - Type 4:

Cushions and ring buoys designed to be thrown to someone in trouble. Type 4 is not designed to be worn. Not for rough waters - not for anyone unable to hold on to it.



### Special Use - Type 5:

Vests, hybrids/others designed for specific activities, for example windsurfing, kayaking, water-skiing. Some Type 5 devices inflate when entering the water. To be acceptable, Type 5 must be used in compliance with their label instructions.

**All watercraft must have at least one** Coast Guard Approved Type 1, 2, 3 or 5 flotation device that is the proper size for each person on board or being towed.

**All devices must** be in good condition and easily accessible.





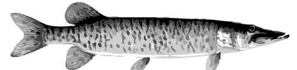







**Children under age 10 must wear a device** when on board a boat that is underway unless: in an enclosed cabin or below deck or on an anchored boat that is being used for swimming or diving or passenger craft with a licensed captain.

**Along with the above** at least one approved Type 4 must be on board boats 16 ft. or longer (except canoes and kayaks) and immediately available.

**A Coast Guard approved Type 5 device may be substituted** for any other Coast Guard approved device if it meets the same requirements and is noted on the label.

**Anyone riding a jet ski or other Personal Water Craft** must wear an approved -non inflating flotation device, as well as anyone being towed by a water craft.

# Common Fish Species

 Bass	 Crappie	 Smelt
 Catfish	 Muskellunge	 Sunfish
 Carp	 Northern Pike	 Trout
 Cisco-Tullibe-Herring	 Salmon	 Walleye

## 2013 Minnesota Fishing Seasons

### BOWFISHING

05/01/12 - 02/24/13

### WALLEYE, SAUGER & NORTHERN PIKE

05/12/12 - 02/24/13; 05/11/13 - 02/23/14

### LARGEMOUTH BASS\*

05/12/12 - 02/24/13

### SMALLMOUTH BASS\*

(Catch & Release) 09/10/12 - 02/24/13

### LAKE TROUT\*

(BWCA) 12/31/11 - 03/31/12

(Outside BWCA) 01/14/12 - 03/31/12

05/12/12 - 09/30/12

### STREAM TROUT\*

(Southeast) 01/01/12 - 03/31/12; 04/01/12 - 01/13/12

(Catch & Release) 01/14/12 - 03/31/12

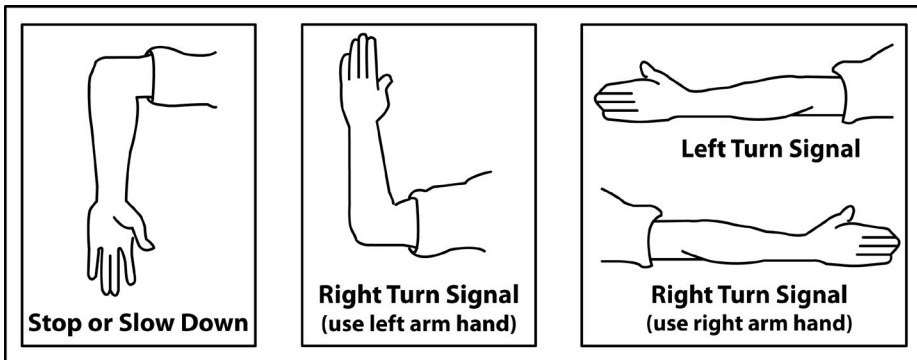
(All Lakes) 01/14/12 - 03/31/12; 05/12/12 - 10/31/12

*\* At time of publication, not all 2013 seasons were posted.*

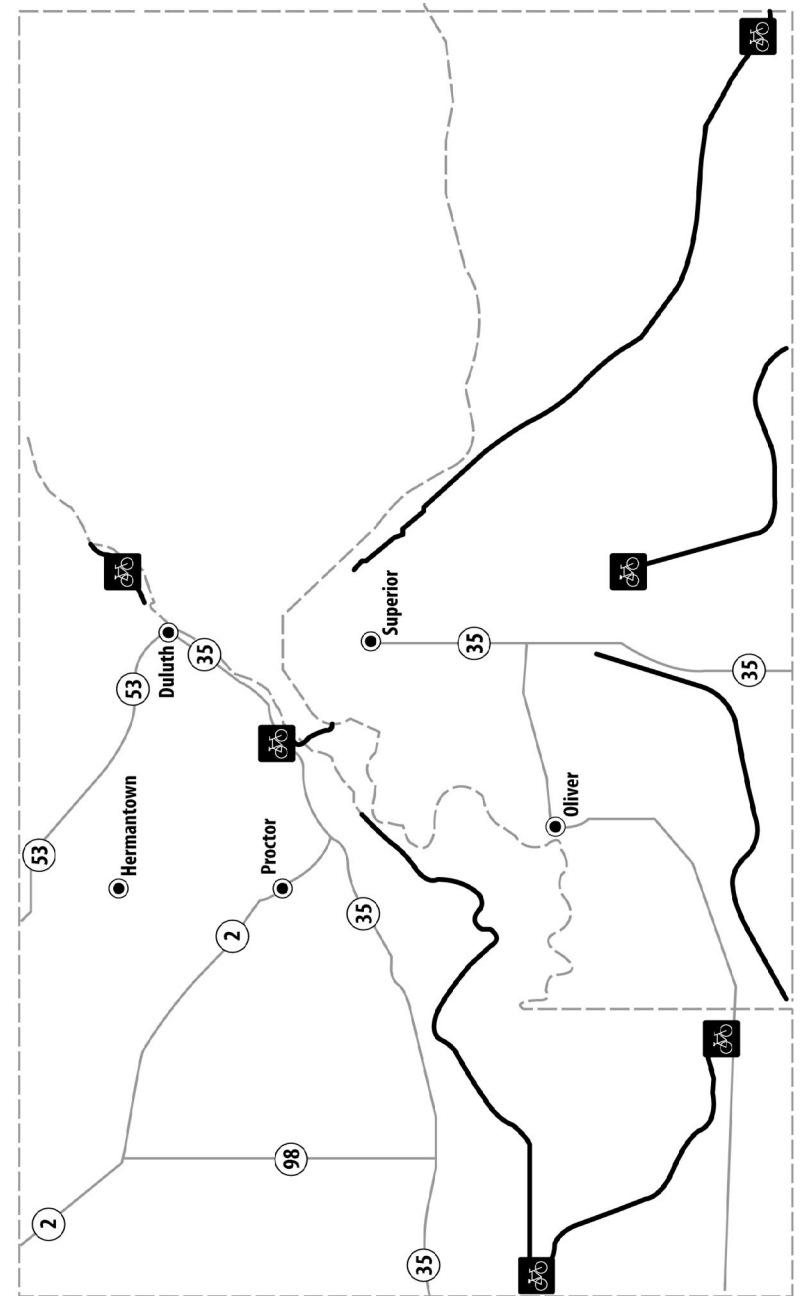
*\*Contact the MN DNR for specific zone information by calling: 1 (888) 646-6367.*

# Bicycle Safety

- Always wear a properly fitting bike helmet as most serious injuries are to the head.
- Be sure your handlebars, seat and wheels fit snugly.
- Keep your bike in good shape by checking and oiling your chain, making sure your brakes work properly and maintaining your tire pressure.
- Always ride with both hands on the handlebars except when doing turn signals.
- When leaving a driveway, curb or alleyway always stop and check for traffic in both directions.
- Cross only at intersections.
- Use the crosswalk to walk your bike across busy intersections and follow the traffic signals.
- Never ride against traffic. Travel in the same direction as the cars.
- Whenever you can, use bike routes and avoid busy streets.
- Don't ride near parked cars as doors can open and cause accidents.
- Obey all traffic signs and traffic lights.
- When biking with friends, ride in a single file.
- Always pass other bikers or pedestrians on the left and say "On your left!" to make your presence known.
- Always use bicycle hand signals to alert traffic of your changing direction.



# Bicycle Trails



# ATV Safety

- Read the owner's manual and know your vehicle thoroughly.
- Check your vehicle before you ride.
- Wear protective equipment and clothing.
- Don't lend your vehicle to unskilled riders.
- Supervise young or inexperienced riders.
- Never carry a passenger on vehicles meant for one rider.
- Do not operate under the influence of drugs or alcohol.
- Drive at speeds that are appropriate to trail conditions.
- Stay to the right on trails.
- Stay away from thin ice, open water and wetlands
- Know the weather forecast.
- Make sure headlights and taillights work properly.
- Maintain safe distances between other riders.
- Reduce your speed when riding at night.
- Yield to other motor vehicles and trail users.
- Young or beginning riders are encouraged to take a safety training course.



# Snowmobile Safety

Do not consume alcohol or take drugs prior to or during your snowmobile trip. Doing so increases your chances of injury or death.

Slow down and don't cut to the inside of the trail corners. It's dangerous and illegal.

If you snowmobile at night, don't override your lights.

Always use the buddy system. Never ride off alone.

Drowning is one of the causes of many snowmobile fatalities. Whenever possible, avoid the ice.

Wear sensible, protective clothing designed for operating a snowmobile.

Use a full size helmet, goggles, or visor to prevent injuries from twigs, stones, ice chips and other debris.

Avoid wearing long scarves. They may get caught in moving parts of the snowmobile.

Know the terrain you are going to ride. If unfamiliar to you, ask someone who has traveled over it before.

Know the weather forecast, especially the ice and snow conditions.

Be sure your snowmobile is in top-notch mechanical condition throughout the months of use.

Familiarize yourself with the snowmobile you are driving. Thoroughly read the manual that accompanies the snowmobile.

Do not pursue domestic or wild animals. That is not the conduct of a sportsman. Report such violations to the nearest law enforcement officer.

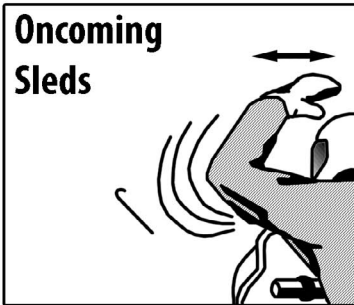
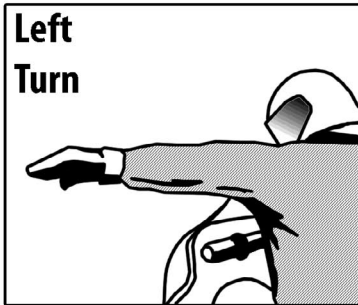
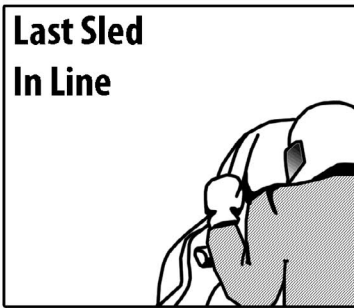
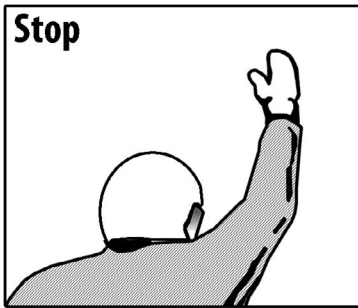
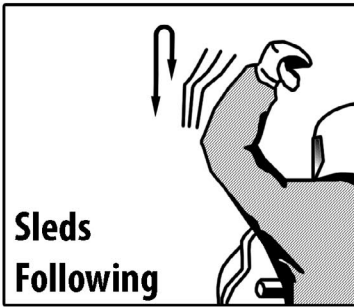
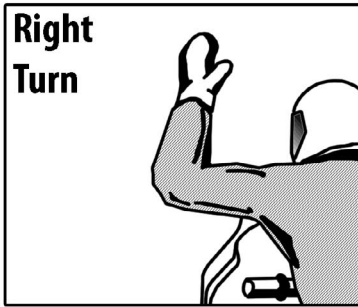
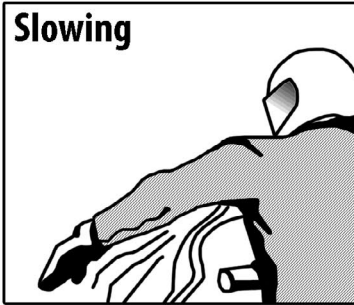
## Common Trail Signs



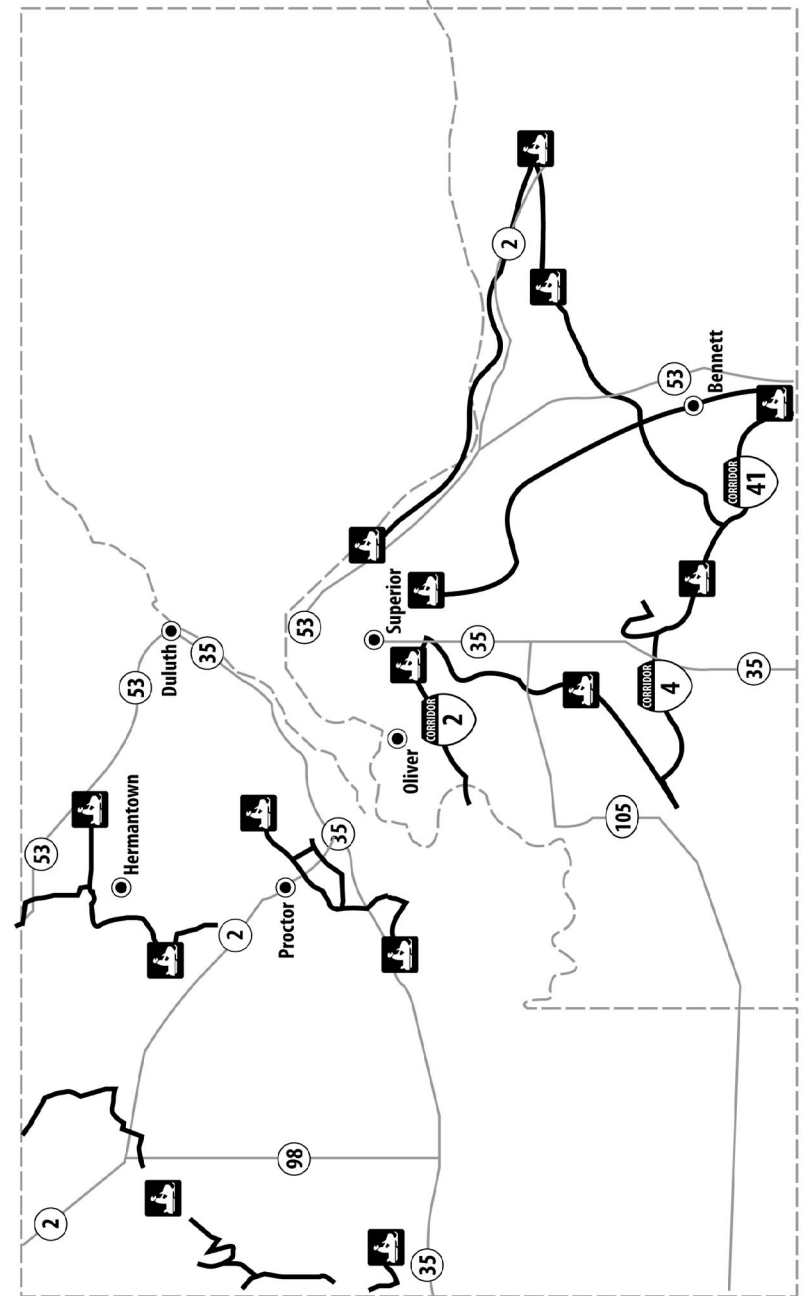
# Snowmobile Safety

Communication is an essential part of safe riding. Hand signals are a practical way to communicate between other riders and traffic.

Be sure to give easy to see and clear hand signals when snowmobiling. Hand signals should never be subtle, but always deliberate.



# Snowmobile Trails





# Home Safety

- Keep the outside of your home well-lit. Motion sensors and timers help deter burglars.
- Dead-bolts and peep-holes should be placed on all outside doors.
- Windows and sliding glass doors should have locks and be in good working order.
- Keep your garage door closed.
- Use an engraver to mark computers, cameras, stereos, TV's, tools, yard equipment, etc.
- Never leave valuables, expensive jewelry, or large amounts of cash at home. If you must, keep a list of your valuables with serial numbers to assist in insurance claims.
- Keep your car locked at all times and store all valuables out of sight.
- Guns should always be stored unloaded and with a gunlock.
- Become part of a neighborhood watch or program that is similar.
- Be suspicious of unusual people or vehicles in your neighborhood. Document the date, time, description and license plate number to give to law enforcement if needed.
- When on vacation, do not advertise your absence. Stop mail and newspaper delivery. Have a trusted friend or neighbor to give the impression you are home by stopping by to take out trash, shovel snow, mow the lawn, etc.



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## Free Forestry Assistance To Private Landowners

Please contact our team at Park Falls Hardwoods Facility:

**Cory Meyer**

**715-762-5600 office**

**715-661-0504 cell**

Resource Manager

**corymeyer@midwesthardwood.com**



Let's start the discussion... "Ask Alice"

**Alice Buria - SRES**

Realtor® - (Licensed in Minnesota)



**RE/MAX 1**

"A home is not mere shelter; its essence lies in the personalities of the people who live in it" - H.L. Mencken, US Editor (1880-1956)

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Cell: (218) 343-5480  
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# Emergency Planning

## ESCAPE ROUTES

Everyone in your family should know the best ways to exit the house in case of a disaster. Teach your young children how to open sliding doors, windows and other exits. Designate a meeting place where the family can gather after escaping from the house.

## FLASHLIGHTS

The whole family needs to know where to find flashlights. Periodically check the batteries.

## FULLY CHARGED CELL PHONES

All family members should keep their cell phones charged. Make a habit of charging them, while everyone is asleep. Cell phones can be lifesavers in emergencies.

## LIST OF VALUABLES

Keep this document listing your possessions (and if possible, a video of your home interior) in a fireproof safe, or in a safe deposit box at a bank.

## COMMUNITY EMERGENCY PLANS

Familiarize yourself with community evacuation plans and neighborhood escape routes. Post a copy of them in a highly visible place in your home.



## THUNDERSTORM/TORNADO

- Remove dead branches from trees beforehand to avoid injury or damage.
- After seeing lightning, if you hear thunder in less than 30 seconds, it is recommended that you stay inside for 30 minutes after the thunder has ceased.
- The inside of a car is safer than the outside, as a lightning strike will simply pass through the car as long as you aren't in contact with any metal.
- Unplug all major appliances, as a power surge can cause serious damage.
- Avoid all tall structures and elevated areas as well as large amounts of metal.



## FIRES

- Make sure that every level of your house has a smoke detector, and be sure to test them once a month. Have the family plan an emergency exit route.
- Always keep track of any stoves or high-temperature/high-voltage appliances that are running. Be sure to never leave any cooking unattended.
- Keep lighters and matches away from children.
- If a burn occurs, soak the skin in cool water. If the skin blisters, seek medical assistance.

# ⊕ Emergency First-Aid Tips ⊕

## FIRST AID FOR CPR & HEART ATTACK

### CPR

CPR is to be administered when a person is not breathing or has no pulse. Be quick to act by remembering the A,B,C's: Airway, Breathing & Circulation.

#### Airway:

Place the person on a firm surface, on their back. Kneel next to the person's neck and shoulders. Open the person's airway by tilting back the head and lifting the chin.

#### Breathing:

With the head tilted and chin lifted, pinch the nostrils shut and cover the person's mouth with yours. Give two slow breaths.

#### Circulation:

Find the hand position on the center of the breastbone. Place the heel of your hand on that position, with your other hand on top of the first hand. Use your upper body weight to push down. Give two compressions per second. Compress the chest at a rate equal to 100/minute. Perform 30 compressions at this rate. Repeat until an ambulance arrives.

### HEART ATTACK

Symptoms of a heart attack may include any of the following:

- Uncomfortable pressure, fullness or squeezing pain in the center of the chest.
- Expanded pain in the upper abdomen.
- Shortness of breath.
- Pain or numbness in either arms, shoulders, neck, jaw or teeth.
- Dizziness or fainting.
- Nausea and sweating.

**If you or someone else may be having a heart attack - follow these steps immediately:**

- **DIAL 911**
- **Chew and swallow Aspirin (unless you are allergic/not allowed to)**
- **Take Nitroglycerin (only if prescribed)**
- **Begin CPR if the person is unconscious**

**IN AN EMERGENCY, DIAL 911**

# ⊕ *Emergency First-Aid Tips* ⊕

## *FIRST AID FOR BURNS & CHOKING*

### **BURNS**

**For minor 1st and 2nd degree burns smaller than 3" in diameter:** Cool the Burn. Run cool water over the burned area for 5 minutes, or until the pain diminishes. Never put ice on a burn!

#### **Bandage the burn with sterile gauze:**

It is important to use loosely wrapped gauze. This will avoid pressure and the bandage protects blisters. NEVER put lotions, vaseline, ointments or butter on burn. Do not break any blisters, which can cause infection.

#### **Take Aspirin, Ibuprofen, Naproxen or Acetaminophen to relieve pain:**

Minor burns usually heal with these basic treatments. Be aware for signs of infection which may include: increased pain, redness, fever, swelling or oozing. If symptoms develop, seek medical help. Avoid tanning the burned area for at least a year. Protect the area with sunscreen outdoors. Avoid giving aspirin to children.

***For 3rd degree burns/all major burns - DIAL 911***

***DO NOT run cold water over large severe burns - this can cause shock.***

***DO NOT remove burnt clothing.***

***Check for signs of breathing/coughing/movement.***

***If there are no signs of breathing begin CPR.***

***Elevate burned areas above heart level, if possible.***

***Cover the burn(s) with cool, sterile, moist bandages, towels or cloth.***

### **CHOKING**

Most people clutch at their throats when choking, an obvious symbol for help. However, if a person isn't giving that signal, be alert for these indications. Inability to talk, difficulty breathing or noisy breathing, inability to cough forcefully, skin/lips/nails turning blue, loss of consciousness.

The Red Cross recommends a "five-and-five" method for first aid: First give five blows between the person's shoulders with the heel of your hand. Second, perform the Heimlich maneuver (abdominal thrusts) five times. Alternate between five back blows and five abdominal thrusts until the blockage is dislodged.

***IN AN EMERGENCY, DIAL 911***

# ⊕ *Emergency First-Aid Tips* ⊕

## *FIRST AID FOR INSECT BITES/ANAPHYLAXIS & POISON SAFETY*

### **INSECT BITES/ANAPHYLAXIS**

**Anaphylaxis is a severe allergic reaction from insect bites (latex, food and drug allergies can also cause Anaphylaxis). Typical symptoms include hives, the swelling of lips or eyes, swollen throat, drop in blood pressure, light headedness, confusion, nausea or diarrhea. If someone is having an allergic reaction from an insect bite with these symptoms:**

#### **CALL 911.**

**Administer emergency prescription medication.** See if the person is carrying special emergency allergy medicine and give it to them according to the directions.

#### **Loosen tight clothing.**

**Lay the person down.** The person should lay down on their back with feet elevated. Turn them on their side if they are vomiting or bleeding from their mouth to prevent them from choking.

**If they are not breathing - administer CPR.** Most insect bite reactions are mild and cause no allergic reaction. If stung by a bee, use a straight edged object, like a credit card, to scrape away the stinger. Don't use tweezers - they can pinch more venom out of the stinger. Apply an ice pack to the area and take an over the counter pain reliever.

### **POISON PREVENTION**

**Teach your children about poison and how it can look like a food or drink. They should always ask an adult before eating or drinking anything. Have them learn the poison control phone number: 1-800-222-1222 and keep it programmed or posted near all your phones. Here are some prevention tips.**

**Lock up your poisons and medications.** Keep them out of the reach of children, lock them up if possible. Make sure your children understand that medicine is not candy.

**Follow directions carefully.** Read your labels. Be sure to use and store all poisons and medications properly according to recommendations.

**Keep your pets safe from household chemicals, too.** Don't allow pets near areas that have just been cleaned with chemicals, such as freshly mopped floors or bleached bathtubs and sinks. Clean up any antifreeze/coolant spills. Pets like the flavor but they can die if they ingest it. Store poisonous foods or plants in areas that your pets cannot access. Call your local emergency veterinary hospital if you believe your pet has been poisoned.

***IN AN EMERGENCY, DIAL 911***

# Safety Tips for Parents & For Kids

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## PARENTS:

- Teach your kids that an emergency is when you need help from a doctor, a police officer or a firefighter.
- Designate a safe place by your house that a child can go to if they need help right away.
- Have your kids memorize your address and phone numbers. They should also know your full name and where you work.

## KIDS:

### FIRE SAFETY

- If you or someone else is on fire - remember to STOP, DROP and ROLL. Wrap a blanket on the person to help put out the fire.
- If there is a fire, leave the house as fast as you can! Crawl on the floor to avoid smoke and if the door is hot, don't open it - find another way out.
- Learn all the fire exits in your house. Assign a safe place outside for everyone to meet in case of a fire emergency.

### HOME ALONE

- Never tell anyone that you are home alone.
- If someone calls and ask for your mom and dad, tell them "They cannot come to the phone right now, can you please call back later?"
- Do not answer the door, unless it is someone that you know your parents have okay'd them to come over.

# Carbon Monoxide Safety

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## PREVENTION

- Install carbon monoxide detectors near every bedroom, gas appliance and in your RV, camper or motor home and test them monthly.
- Have flues, chimneys and all fuel-burning appliances inspected by a professional annually.
- Make sure fireplaces, wood stoves, dryers, furnaces and water heaters are properly vented to the outside.
- Only burn clean and untreated wood.
- Never idle your car or gas powered vehicle in the garage, with or without the garage door open.
- Toxic fumes build up quickly and can easily contaminate your home.
- Never use gas-powered engines like weed trimmers, snow blowers, chain saws, lawnmowers or portable generators in enclosed areas.
- Never use a charcoal grill indoors or in any closed area.
- Never use a gas oven to heat your home.
- Never sleep in a room or area heated with a gas or kerosene space heater that does not have proper ventilation.

## SYMPTOMS

- Headaches, severe fatigue, vomiting, nausea, muscle and joint pain, dizziness, tingling, vertigo
- Attention and multi-tasking problems, short-term memory problems, word-finding problems
- Irritability, temper, loss of interest, sleep disturbance, anxiety, lack of motivation
- Eating and swallowing difficulties, vision problems, lack of muscular coordination, speaking difficulty, ringing in the ears
- Seizures, tremors, balancing problems, shortness of breath

***Carbon monoxide poisoning is easily confused with flu-like symptoms. Serious long-term health risks or death can result if warning signs are ignored. Carbon monoxide can affect you for days, weeks, months or years. High levels of carbon monoxide can be fatal within minutes.***

## TREATMENT

- Immediately take the victim out to fresh air.
- If the victim cannot be removed, open every window and door.
- All appliances should be turned off.
- Take the victim to an emergency room as quickly as fast as possible, or call 911.



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